

Are You Doing One of These 7 Things That Make You Unlikeable at Work?

Summary: *Being liked at work is important if you want to succeed. You may not realize that you are doing things each day that prevents this from happening.*



You may not even realize it, but you may be doing things each day that make you less likeable by your coworkers. It is hard enough to get along with all your coworkers and their personalities, so stop making things even harder and ditch these habits.

1. Sharing Facebook photos

Your friends are tired of seeing their entire Facebook feed filled with photos of you with your family. Your family is tired of seeing their entire Facebook feed filled with photos of your friends. Become more selective about your photos and post just one or two after you do something with the group.

2. Complain, complain, and complain

Letting off some steam once in a while is not a bad thing, but **being constantly negative** won't get you liked by anyone. Keep track of how many times throughout a day you complain about something.

3. Oversharing

There are some things better left not said, or at least not said in certain places. Personal details



should only be shared with your most intimate friends and family, if at all. Giving too many personal details will leave those you are telling uncomfortable and likely to avoid you in the future.

4. Acting aloof to hide being nervous

Quite often when we meet someone for the first time, we act aloof or reserved to hide the fact that we are nervous. This behavior comes off to the new acquaintance as being unengaged or uninterested in them or the situation. Instead, approach the situations that make you feel this way **with openness and earnestness.**

5. Humblebrag

Harvard Business School conducted a survey that found trying to brag without seeming like it is bragging is just as annoying as straight-up bragging. The study found that humblebragging comes off worse than constant complaining, because at least the complainer is sincere.

6. Lack of questions

Asking questions about the person you are interacting with makes you instantly more likeable. Nobody likes someone that is self-absorbed and is unwilling to try to care.

7. Letting shyness overcome

In any social situation, men and women prefer people that appear confident over those that are shy and reserved. This is partially because confidence implies a sense of trust, especially when they are willing to look you in the eye from the start of your conversation. Someone that is shy appears standoffish because of their reserved body language. If you tend to be on the shyer side, fake it until you make it in social situations where you want to impress others.

To learn more about this topic, read this article: [Improving Your People Skills.](#)

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