

## Build Your Creativity by Watching These TV Shows

**Summary:** *Get your creative juices flowing by watching these TV shows to find inspiration and ideas for projects at the office.*



Sometimes the left side of our **brain needs a break** before we start on any new projects. Exercise the right side by watching these TV shows to spur your creative side.

1. **Chef's Table** - Netflix offers this show that can give you ideas in the kitchen to spice up your meals and create your own masterpieces.
2. **MasterChef Junior** - This show is on FOX, iTunes, and Amazon. Watch little kids half your age whip up basic meals with a twist.
3. **Flight of the Conchords** - This show is available on Amazon, iTunes, and HBO. The show follows a two band member comedy team. Their adventures writing and playing music will inspire your musical and comic side.
4. **The Writers' Room** - Brought to viewers by SundanceTV, Amazon and iTunes, this show explores the behind-the-scene makings of your favorite shows such as plot lines and character development.
5. **Chopped** - Another cooking show that can be seen on the Food Network, Netflix, Amazon, and iTunes, but this one is full of twists and turns that the chefs have to take on when preparing meals with a mystery ingredient. Get the inspiration to turn the random ingredients in your fridge into something yummy.



6. **Shark Tank** - ABC, Hulu, Amazon, and iTunes offer this entertaining show. You can't help but get invested in some of the investors, while the pitch that others give is laughable. The show will get your entrepreneurial side going.
7. **Face Off** - This show is on SyFy, Hulu, Amazon and iTunes and is different than most. Makeup artists take the talent to a whole new level and make Halloween look scary.
8. **Ace of Cakes** - The Food Network channel really is the channel to watch for creativity. This show combines delicious cake into works of art that leave you hungry for more.
9. **Iconoclasts** - Another SundanceTV, Amazon, and iTunes feature the inspirations and passions of famous stars.
10. **American Genius** – This is a National Geographic show that features a fierce rivalry between two inventors.
11. **Treehouse Masters** - Animal Planet gives viewers a new look on what a backyard treehouse can become. Start doodling your own design for your dream treehouse.
12. **Whose Line Is It Anyway?** - The CW show has a panel of comedians that act out improvisational games, songs, scenes, and characters. Not only is it absolutely hilarious to watch, it will give you ideas for games at your next party.
13. **Rehab Addict** - HGTV is another station that delivers creativity at each show. This show takes old homes and restores them to their previous glory instead of just tearing them down and building something that looks like every other new house on the market.
14. **American Masters** - PBS produces this show that highlights some of the country's most notable artists that have impacted pop culture.
15. **Project Runway** - Lifetime features this fashion show of developing designers vying to be the best. The challenges are creative and their responses to them are even more so.
16. **Fixer Upper** - HGTV has a hit with this show that has very likeable designers that renovate homes for clients within their budget. The show will end with you wanting to get out there and decorate your own place.

Photo: animalplanet.com