

## Build a Strong Network at Work

**Summary:** *It's essential to connect with your co-workers and **maintain healthy relationships with them** in order to stay satisfied and happy at your workplace. The way you connect with your internal network speaks a lot about you as a person. This means that you need to focus on building a strong network at work.*



A number of people have issues at work because they can't manage to connect with their colleagues. It's important for you as an individual to make an effort to increase the bonding through a social network. You could also consider a few self-improvement ideas that will help you **connect with the people you work** with in a more effective manner.

You don't have to make friends with all the employees in an organization. In fact it's a good idea to filter the people you wish to connect with. Look for people who share a similar profile as yours, seniors and those who are known to be good employees at work. This will help you grow and learn a lot.



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In order to build a strong network at work you need to be open to offering a helping hand to your co-workers when they need one. Helping is a great way to build a social network, and most networking guides state that when you help someone you build a bond with the person that's strong and lasts long. This is also beneficial for the organization. People actually tend to get more work done when they begin working as a team.

If you're new to an organization, you need to learn to share and be open to offering a helping hand before someone actually offers one to you. You're a stranger to a new environment and you need to connect with the people who already belong to the internal network. Always greet people with a pleasant smile and exchange pleasantries when you pass by your co-workers. This helps build a bond that makes it easy to connect.

Make an effort to be the connector. If you know a bunch of people who don't really talk to each other at work, try and get them to connect. This not only puts you in their good graces, it works well for the organization too. Strong internal networks help organizations grow. Being a part of these networks will make you a star at work.

It's important to remember small details like their birthdays, anniversaries and other occasions. Don't forget to remember these days and wish people happy birthday, anniversary, etc. to make them feel good. One of the most used self-improvement ideas is to always wish people well on important days. This makes them feel important in your life, and they will always be ready to offer a helping hand to you when needed.