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## How to be an Extrovert?

Are you an introvert? Introverts are people who are reserved and take time before they open up. They often feel uncomfortable with strangers. However, to achieve success in this competitive world you need to be an extrovert. Introvert personalities can learn to be extroverts by following these simple self improvement tips and tricks.

### **Listen:**

Listening to what the other person is saying helps you understand better. You can choose to speak slowly and listen to others without interrupting them. Don't just listen; also watch the body language of the other person.

### **Interrupt:**

Having said that you should be a good listener and not interrupt when the other person is speaking, doesn't mean that you don't put your point forward. Sometimes interrupting is appropriate, and even necessary.

### **Share your thoughts:**

No one in this world can read your mind. Therefore, it is imperative that you speak out and share your thoughts. Don't worry about the outcome or the reaction from others; just be vocal about your thoughts.

### **Socialize:**

Socializing is one of the biggest challenges faced by introverts. However, to be an extrovert it is important to be smart, strategic and stay connected with people and meet new people. Make an appearance on various social media sites and channels. Attend social events, family functions, etc. and spend time with your loved ones.

### **Participate in activities:**

The best way to be an extrovert is by participating in group as well as solo activities.

### **Join a club or a sport:**



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You meet people of similar interests at clubs, events, etc. You build new relations and socialize with them. You can also choose to play some sport like football, soccer, chess, etc. or some extracurricular activity classes where you can work in a team. Team activities help you open up, share and interact with people.

**Enhance your skills:**

Don't hold yourself back. Work on your weaknesses and convert them into your strengths. You can enhance your writing, communication, interpersonal and other skills to open up, feel confident and be yourself.

Follow these simple self-improvement tips and be an extrovert. The best part is you will come across professionals at higher levels in organizations and in your personal life who maintain a good balance between introvert and extrovert personalities. Therefore, you can never be really sure about who is an extrovert and who is an introvert. You can be an introvert when you are all by yourself and be an extrovert to achieve success and growth in your professional life.