



## 5 Tips to Make Work More Enjoyable

It is essential to participate in your own growth and evolution to make work more enjoyable. Participating in some self-development activities will enable you to adapt to different situations in a more thoughtful and mature way. Here are some small steps that you can take to conquer great career success in the future:

1. ***Read a chapter from a self-help or motivational book every day:*** Books are sources of great wisdom. The more you read, the more knowledge you get. Books like "How to Win Friends & Influence People," "Who Moved My Cheese," "7 Habits," "Leadership and Self Deception" and "The 21 Success Secrets of Self-Made Millionaires" are known to have brought about immense change in people's lives. These books and others like them have been proven to help people have success in the workplace and in life.
2. ***Learn a foreign language:*** Learning a language like French, German, Mandarin, Spanish or Hokkien is as good as adding a whole new skill to your existing skill sets. Doing this would be useful for your career and help you stand a better chance at standing out more than your competition. You may also want to lighten the mood at your workplace using a few phrases that everyone can have a good laugh at. However, in all cases, do not forget your professionalism. Colleagues and peers will often judge you by the professionalism you demonstrate at workplace.
3. ***Take up a new course:*** Besides on-the-job training, professionals usually avoid taking up any kind of learning to upgrade their skills or knowledge. Make time to learn a course each year. This course could be a short-term course, but will definitely prove to be a valuable addition.
4. ***Jot down your short-term and long-term goals:*** Writing down your goals with the duration required to achieve them will help you remain focused in life and at your workplace. You can pin up the note you've prepared on a soft board in a private living space, where you can see it frequently. It will act as a reminder and help you become the person you want without making too much of an effort.
5. ***Conduct a SWOT Analysis (Strengths, Weaknesses, Opportunities, and Threats):*** This exercise will help you identify your blind spots and discover areas of improvement. You will learn to be in better control of your temperaments and not get affected by little things at work. Similarly you will be able to identify your strengths and find ways to achieve your goals using



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your positive attributes. Additionally, recognizing opportunities for success by looking at threats to your success will help you make wiser decisions at work as well as give you enhanced future choices. You can get the help of peers and colleagues while performing this exercise.

Remember, regardless of the level each one of us has achieved, we all have infinite potential to grow. The methods above will not only help your professional development but also change the way you think and act given a situation. Besides this, you will be able to contribute towards creating a favorable working environment and become more approachable to your colleagues at work.