



Do You Need to Change Your Job or Career – 4 Steps to Freedom

There may come a time in your life when you become bored with your work. You find that you have no motivation in the morning to get out of bed and nothing about your job excites you anymore.

Maybe you are ready for a change of job or career.

How Do You Which One You Need to Change?

Many feel that a change is required at one time or other during the career. It is important however, to know whether you need to just change your job or make a move towards a new career. Do not let the frustration of your present job throw you into a frenzy to change careers or even find another job. Such knee-jerk reactions will put you in the same situation. To find out which direction you should go in, consider the following points:

1. **Start From the Beginning** - Think what type of work you would like to do if you did not need to work for money. Make a list of what gives you immense joy to do; what would motivate you to work 18 hours a day without feeling tired - just because you are happy doing it? Make a list of 3-5 such activities.
2. **Can You Monetize It** - To be able to follow your heart - unless you are a billionaire - you will need to earn while you work and hence, you will need to choose that work that can be successfully monetized. Does the marketplace offer you enough returns for the work you love? You need to choose something that either is in demand as it is, or that you can modify to make it saleable in today's market.
3. **Can You Really Do It** - It is one thing to love doing your job and another to be able to do it consistently and properly day after day after day. Also it is important that you have the requisite skills, expertise and recognition to do what you want to do. For example, it is one thing to counsel people personally, and another to be able to do so professionally. You will need to have the right qualifications, licenses, etc.
4. **Make a "Change" Plan** - How will you go about getting your new job or career. You cannot quit your job today and start on a new path tomorrow. You need to plan the move carefully. In case you require additional qualifications, you need to ensure that you get these before you leave your present job. Whether this is a complete career change or just moving to a new job it is up to you; however, before you do so, you need to draw up a plan so the change can be as seamless and smooth as possible.