

---

## How to Convince Yourself to Love a Job That You Hate

You might be in a position where you feel that you are not in the right job, or one that is a compromise made for lack of alternatives. You might be right, but fretting about it would be wrong. So, there are situations where we need to convince ourselves that we love the job which we actually dislike.

Keeping positive at all times helps both ourselves and the world around us. And most of all, it is difficult to excel unless you like what you are doing. The good news is people can and often do convince themselves into positive mindsets and can consciously alter their likings and disliking. So, for the need of **job security** as well as success you need to be happy on every job, and here are some tips to help you along.

- Avoid people who are unhappy and are constantly criticizing the system or the employer. In any office space, word gets around, and every worker has his or her own equations and relations in place. While somebody might get away with whining all day, a single bit of criticism from your end may be called to task. So, keep at your work, and keep away from those who whine.
- Engage your time constructively. In any office, either you can start a separate project if there is space to do that, or acquire ownership of tasks and verticals, or use your free time in self-development activities pursued in an organized manner. Keeping your mind constructively engaged is the key to avoid disturbing thoughts.
- Actively look for the good points in your workplace and actively ignore the bad ones.
- Find congenial and positive people and develop relationships. Friends at workplaces makes a job shine. A congenial atmosphere that you look forward to sharing every day can make even the most horrendous jobs seem trivial.
- Learn to earn. Engage yourself in learning activities that are in line with your career goals or the job at hand.
- Be grateful that you have what you do while there are millions who don't. Survival ensures success and you need to survive and succeed in your present job today so that you can find your dream job tomorrow.
- Start learning afresh about the work you are doing and gather tales about experts in the field. Successful examples are great motivators and even dwelling on the achievements of others in the same job can make you start liking it.

There is no sense in being or feeling miserable. If you do feel that you are not in the right job, even then, it is your duty to take charge of the situation and make yourself and others happy. It all starts with how you look at things. You have the power to do it and you have been doing it all along. Come to think of it, the occupation that you think is better than the one you are in seems so only because you convinced yourself about it. If you take a survey, you would find plenty of frustrated

□

---

people even in the job that you see as your **dream job**. So, be pragmatic and convince yourself to like what you are doing.