



Why Change is a Good Thing

Have you even wondered why your career isn't going as planned? Do you sit in your office and feel your career should be more rewarding than it is? What are you to do about these ill feelings? If you haven't guessed the answer, it is change. Who says you have to have the same job every day? It isn't so easy to **change a career** just like that, you can't change a job overnight for the most part, but there is hope. First, you must find out what you want to do then hopefully find a company that will hire you.

Before you think about changing your job for another company, you should ask yourself if you are doing everything you can to make your current job satisfying and rewarding. Are you giving 100% or just going through the daily motions with little energy and enthusiasm? Are you thinking about other things when you should be concentrating at work, e.g., online shopping, frequent breaks, long conversations (non work related) to your fellow co-workers, calling off often, never working overtime and just generally showing up without putting any effort in your job?

When it comes to change, you must first look inward and change your attitude if you ever hope to obtain any satisfaction in your job. If you think promotions and rewards will be handed to you just because you have a nice face (maybe you do) you are dead wrong. Employers love to promote those who care enough about their job and will be there for the long haul. If you don't show any interest in your work, why should the boss give you anything?

Perhaps you started your job with excitement and woke up every day with a heart full of hopes and dreams for what you wanted to accomplish. Then, your career became stagnant and you found yourself in a rut. You are in need of a rebirth. This rebirth can be accomplished if you are willing to change and put forth the effort and dedication for you to become happy once again.

To say "just change" is easier said than done, but it can be done. In order for you to change your mentality you should make a list of goals you would like to accomplish from this point forward (these goals do not all have to be work related but can include your personal life as well). Then, you must try to accomplish these goals. Knowing you have real goals put in place should keep you motivated to increase your **job performance**.

It goes without saying (but it will be said anyway) that the sooner you make the necessary changes in your professional and personal life the happier you will be (and hopefully the others around you will be happy too).



If you give to your job, your job will give back to you. You might not see the benefits of working hard (or harder) right away but in time your efforts will be rewarded. Those who do not make excuses will see salary increases and make themselves less dispensable than other employees who just "get by."