



When changing jobs is necessary, (Part 1)

If you think you need to quit your job, then you are not alone. Millions of people all around the world feel as if there is something better out there for them and you probably think so too. You shouldn't have to live with a job you do not want, right? If you are constantly stressed, exhausted, the job is too easy, and you dislike the people you work with, then it might be time to move on.

You should always talk with your employer (boss and **human resources**) if changes can be made if you are considering leaving. If you are having problems with co-workers or simply don't feel challenged anymore, find out first if anything can be done to enhance your work experience.

Sometimes, no matter how badly you want to fix it, your status with your current job is too bad off to fix.

Plan Ahead First

Just because you want to quit your job doesn't mean you can. Unless you have a solid offer elsewhere then you can be unemployed for quite some time before you find the job for you again. You should have something on the table before you quit your current job and you must plan ahead first. Sure, it would be really sweet to tell your boss to go to hell and storm off and vow never to return again, but it's not a good idea in real life.

No Balance?

Are you able to balance your job with your family or partner successfully? If you are struggling to balance your job or career because your job is too demanding (too many hours and not enough pay) then you should consider a change. If you are frequently working overtime, traveling a great distance to and from work and you barely even seen your children or spouse, you won't have a happy and satisfying personal life.

New Challenge

Does your job challenge you anymore? Is it way too easy and you find yourself becoming really bored during the work day? Perhaps, your skills are greater than what the job calls for, which is why you are so uninterested in your job. Since you have experience with your current job and it has become unsatisfying, then by searching for a job that requires your skill set plus additional skills should give you plenty of motivation to get out of bed in the morning.



Not Feeling Appreciated?

Do you do more than anyone else yet you never seem to receive the recognition that you deserve? Do you see other co-workers promoted before you and you feel like you should be in their shoes? If you do feel unappreciated then you should ask your boss why you are not getting rewarded for your work. Do not demand for a raise but ask your boss what you can do to increase your chances for a raise or promotion. If it looks like your boss doesn't understand where you come from, then it may be time to move on.

If you feel as if you are just a work mule that is being taken advantage of then you need to do something about that. You have two choices; you can tell your superiors to lighten the work load or that you will need a pay increase for the additional responsibilities.

Before you get up and walk out you should know (without a doubt) that there are no other opportunities for you within the organization or company.