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## Deconstructing your Job Interview's High's and Low's

Interview is the next step after knowing about the job opportunity. When you find a job you have to face an interview to get the employment. Interview is essential in securing an employment. Every organization conducts interviews to test the knowledge and skills of the job candidate as per the requirement. The interviews are conducted in different formats and patterns. There are different types of interview formats. The interviews are of different kinds. The different kinds and forms of interviews: *oral board interview, on site interview, on field interview, telephonic interview etc.* The **human resource managers** conduct the type of interview depending upon the nature, type and requirement of the **job placement**. The job interview is a requisite for securing a job.

When you have to face a job interview you need to prepare yourself. You should prepare yourself mentally and physically for the job interview. The job interview highs and lows are very common. You need to deconstruct your job interview highs and lows when the situation needs. The **job interview** highs and lows indicate your interview performance. When you face an interview, you get remarks for that. The different remarks that you receive during the interview form the highs and lows of the interview. When you are not satisfied with these remarks then you can deconstruct your own views on the high and low of the job interview. You can note down points in a notepad during the interview, but in doing so you should not miss on the eye contact of the interviewer. It can distract the interviewer.

When you want to begin careers you will need to understand many things. You will have to analyze your interview after you finish one. Jot down your positives and negatives of the interview and try to cover your mistakes in your thank-you letter. Your review of interview will also be helpful to you in your future interviews.

### See the following articles for more information:

- **[21 Major Interview Mistakes to Avoid at All Costs](#)**
- **[The Best Way to Prepare for a Job Search and Interviews](#)**
- **[How to Talk About Other Interviews in Your Interviews](#)**
- **[How to Answer the Tell Me About Yourself Interview Question](#)**
- **[How to Answer the Do You Have Any Questions for Me Interview Question](#)**